



Al Duomo

Allergy Guide



Allergens, As published on www.food.gov.uk

- **Celery**
- **Cereals**, containing **Gluten** such as barley, oats, rye, wheat
- **Crustacean**, such as prawns, crab, lobster
- **Egg**
- **Fish**
- **Lupin**
- **Milk**
- **Mollusc** mussels, clams, oysters, squid, octopus, scallop, inkfish
- **Mustard**
- **Nuts** almond, brazil, cashew, chestnut, hazelnut, macadamia, pecan, pistachio, walnut
- **Peanut**
- **Sesame**
- **Soya**
- **Sulphur Dioxide / Sulphites**

Please always inform the server of allergens or intolerances

Note: As pine nuts are not a recognised allergen, they are not shown in this guide

View Online: www.alduomo.co.uk

Allergy Information

This guide lists the allergenic ingredients in each of our dishes & has been provided for information purposes only.

Not all of the dishes on our menu can be modified as some allergens may be contained in sauces or cooked where allergens are present & cannot be removed.

Please Note: We cannot guarantee the total absence of allergens from your dishes due to preparation or cooking processes.

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- **Red Dot** The dish contains the allergen & may be prepared or cooked where the allergen cannot be removed

Pinse <i>Roman Style Flatbread</i>	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
Cestino di Pane <i>Traditional bread selection</i>		● <i>Wheat</i>														Ⓥⓔ	
Pinsa Agliata <i>Olive oil, rosemary, garlic, sea salt</i>		● <i>Wheat</i>														Ⓥⓔ	
Pinsa Pomodoro <i>Olive oil, garlic, fresh basil, chopped cherry tomatoes, red onion</i>		● <i>Wheat</i>														Ⓥⓔ	
Pinsa Caprina <i>Goats cheese, caramelised onion, roasted peppers</i>		● <i>Wheat</i>					●								Ⓥ		
Pinsa Pesto <i>Served with homemade green basil pesto & roasted red pepper pesto</i>		● <i>Wheat</i>													Ⓥ		
Pinsa Fiorucci <i>Homemade pistachio pesto, cured mortadella ham, burrata cheese, crushed pistachios, balsamic glaze</i>		● <i>Wheat</i>					●			● <i>Pistachio</i>							

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We cannot guarantee the total absence of traces of allergens

Antipasti Starters	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
Olive Miste <i>Mixed marinated olives</i>														•		Ⓥⓔ	ⓖⓕ
Caponata <i>Traditional Sicilian salad: sauteed aubergine, onions, cherry tomatoes, capers, olives & celery, pine kernels, raisins & balsamic vinegar</i>	•													•		Ⓥⓔ	ⓖⓕ
Burrata Pugliese <i>Burrata cheese from Puglia, fresh cherry tomatoes, basil, rocket & olive oil</i>							•								Ⓥ		ⓖⓕ
Crochette Baccala <i>Croquet potatoes made with baccala (traditional salted cod fillet)</i>				•	•												ⓖⓕ
Polpette Pizzaiola <i>Seasoned spicy 'nduja pork meatballs in a pizzaiola sauce (tomato, black olives, capers, garlic)</i>		• Wheat		•													
Arancini Piccanti <i>Breaded, fried Sicilian rice balls filled with spicy 'nduja salsiccia & mozzarella</i>		• Wheat					•										

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Antipasti Starters	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
Melanzane Parmigiana <i>Aubergine layered with tomato sauce & fresh basil, oven baked with parmesan & mozzarella</i>							●								Ⓥ		Ⓜ
Cozze Marinara <i>Fresh, local mussels cooked with white wine, garlic, fresh chilli & parsley</i>								●						●			Ⓜ
Ravioli di Scamorza <i>Handmade fried ravioli filled with smoked mozzarella, served with a spicy honey arrabbiata dipping sauce</i>		● <i>Wheat</i>		●			●								Ⓥ		
Calamari Fritti <i>Battered, fried crispy squid rings, served with homemade tartare sauce</i>		● <i>Wheat</i>						●									
Moscardini Piccanti <i>Slow-cooked baby octopus in a red wine, tomato & chilli sauce</i>								●						●			Ⓜ

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Antipasti <i>Starters</i>	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
							●										GF
			●				●							●			GF
		● <i>Wheat</i>					●							●			
Bresaola Valtellina , Cured air-dried beef from Valtellina with rocket, parmesan shavings & olive oil							●										GF
Gamberoni Parigina Grilled local king prawns in white wine, butter, garlic & parsley sauce			●				●							●			GF
Tagliere di Salumi Selection of finest cured Italian meats & cheeses, served with seasonal fruits, mixed marinated olives & traditional breads (Serves 2+)		● <i>Wheat</i>					●							●			

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Paste <i>Handmade Fresh & Filled Pasta</i>	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
		● Wheat														VE	
		● Wheat														VE	
		● Wheat														VE	
																VE	GF
		● Wheat		●			●										
		● Wheat		●					●	● Pecans						VE	
Gnocchi Sorrentino <i>Fresh potato gnocchi in tomato & basil sauce with burrata cheese</i>				●			●								V		GF

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Paste <i>Handmade Fresh & Filled Pasta</i>	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
		● <i>Wheat</i>												●			
		● <i>Wheat</i>		●			●								Ⓥ		
		● <i>Wheat</i>			●			●						●			
		● <i>Wheat</i>	●		●			●						●			
		● <i>Wheat</i>	●	●			●							●			

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Risotti <i>Risotto</i>	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
														•		Ⓥⓔ	ⓖⓕ
							•							•	Ⓥ		ⓖⓕ
								•						•			ⓖⓕ
			•		•			•						•			ⓖⓕ
							•	•						•			ⓖⓕ

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Pizze <i>Stonebaked Sourdough Pizza</i>	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
		● <i>Wheat</i>					●								Ⓥ <i>Please request the</i>	Ⓥⓔ <i>Please request the</i>	
		● <i>Wheat</i>			●		●										
		● <i>Wheat</i>		●			●								Ⓥ		
		● <i>Wheat</i>					●								Ⓥ	Ⓥⓔ <i>Please request the</i>	
		● <i>Wheat</i>					●								Ⓥ	Ⓥⓔ <i>Please request the</i>	
		● <i>Wheat</i>					●								Ⓥ		
Prosciutto & Funghi <i>Tomato, mozzarella, cooked prosciutto ham, mushrooms</i>		● <i>Wheat</i>					●							●			

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Pizze <i>Stonebaked Sourdough Pizza</i>	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
		● <i>Wheat</i>		●			●								Ⓥ		
		● <i>Wheat</i>					●										
		● <i>Wheat</i>					●										
		● <i>Wheat</i>			●		●										
Polpette <i>Tomato, mozzarella, spicy 'nduja pork meatballs, capers, garlic, black olives</i>		● <i>Wheat</i>		●			●								Ⓥ		
Romana <i>Tomato, mozzarella, chicken, roasted peppers, onion, black olives</i>		● <i>Wheat</i>					●										
Diavola <i>Tomato, mozzarella, pepperoni, spicy 'nduja sausage, jalapeños</i>		● <i>Wheat</i>					●										
Tonnata <i>Tomato, mozzarella, tuna, capers, onion, samphire</i>		● <i>Wheat</i>			●		●										
Scoglio <i>Tomato, mozzarella, grilled local king prawns, mixed local seafood, samphire</i>		● <i>Wheat</i>	●				●	●									

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Pizze Bianche <i>White Pizza Without Tomato Base</i>	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
		● <i>Wheat</i>					●								Ⓥ		
		● <i>Wheat</i>					●										
		● <i>Wheat</i>					●										
		● <i>Wheat</i>					●							●			
Quattro Formaggi <i>Mozzarella, gorgonzola, goats cheese, parmesan, rocket</i>		● <i>Wheat</i>					●								Ⓥ		
Trevisana <i>Buffalo mozzarella, gorgonzola, pancetta, radicchio</i>		● <i>Wheat</i>					●										
Parmese <i>Buffalo mozzarella, parma ham, rocket, cherry tomatoes, parmesan, olive oil</i>		● <i>Wheat</i>					●										
Porchetta <i>Mozzarella, sliced roasted Italian pork, rocket, balsamic glaze</i>		● <i>Wheat</i>					●							●			

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Pesce <i>Fresh Locally Sourced & Caught Seafood</i>	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
Pesce Milanese <i>Pan-fried plaice fillet in a seasoned breadcrumb batter, served with house chips</i>		● <i>Wheat</i>		●	●		●										
Salmone Grenoblese <i>Salmon fillet pan-seared with butter, lemon, capers & parsley, served with sauté potatoes</i>					●		●							●			GF
Spigola Arrosto <i>Seabass fillet roasted in white wine & garlic, served with grilled radicchio with sauté potatoes</i>					●		●							●			GF
Sogliola con Asparagi <i>Lemon sole fillet topped with asparagus & parmesan gratin, served with sauté potatoes</i>					●		●										GF
Fritto Misto <i>Mixed fried seafood platter with fresh, local seasonal fish & shellfish, served with house tartar sauce</i>		● <i>Wheat</i>	●	●	●			●	●								
House Tartare Sauce				●					●								
House Chips		● <i>Wheat</i>														VE	
Sauté Potatoes							●								V		

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Carne <i>Meats</i>	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
Pollo Milanese <i>Breaded pan-fried chicken breast, served with house chips</i>		● <i>Wheat</i>		●			●										
Pollo Brandy <i>Pan-seared chicken fillet with a brandy, cream & porcini mushroom sauce, served with sauté potatoes</i>							●							●			GF
Bistecca alla Griglia <i>Grilled 11oz. ribeye steak, served with sauté potatoes or chips</i>		● <i>(Chips)</i>					● <i>(Sauté potatoes)</i>										GF
Peppercorn sauce		● <i>Wheat</i>					●							●	V		
Truffle butter							●								V		
Sauté Potatoes							●								V		
House Chips		● <i>Wheat</i>														VE	

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Contorni <i>Side Dishes</i>	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
Patate Frite		● <i>Wheat</i>														Ⓥⓔ	
Insalata Mista <i>Mixed salad</i>																Ⓥⓔ	ⓖⓕ
Broccoletti con Mandorle <i>Steamed broccoli topped with butter-toasted almonds</i>							●			● <i>Almonds</i>						Ⓥⓔ	ⓖⓕ
Verdure Grigliate <i>Grilled aubergine, courgettes, broccoli, peppers, radicchio</i>																Ⓥⓔ	ⓖⓕ
Vegetali Fritti <i>Fried courgette, cauliflower, artichoke hearts</i>		● <i>Wheat</i>													Ⓥ		
House Dressing		● <i>Wheat</i>							●					●	Ⓥ		

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Chefs Specials <i>Soup of the Day & Fresh Locally Sourced Seafood</i>		Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
Zuppa Del Giorno		Please ask the server for information																
Baccalà Vicentina <i>Mixed pan-fried salted cod fillet with tomato, onion, fresh chilli & white wine. Served with polenta (cornmeal)</i>						●									●			GF
Pescatrice Cartoccio <i>Monkfish, baby clams, mussels & potatoes en papillote (baked in a parcel) with sun-blushed tomato, white wine, garlic & parsley</i>				●		●			●						●			GF
Zuppa di Pesce <i>Fresh, local mixed seafood & shellfish casserole with cherry tomatoes, white wine, garlic & parsley. Served with croutons</i>			● <i>Wheat</i>	●		●			●						●			
Spaghetti Lobster <i>Local lobster with spaghetti with a sun-blushed tomato & fresh chilli sauce, topped with samphire (Serves 2)</i>			● <i>Wheat</i>	●											●			
Croutons			● <i>Wheat</i>													Ⓥ		

Please note that Chef's Specials are subject to change, please ask the server for advise

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Dolce <i>Traditional Desserts Made In-House</i>	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
Affogato <i>Vanilla gelato scoop topped with espresso coffee</i>							●								ⓧ		
Sicilian Lemon Cheesecake <i>Smooth lemon cheesecake with a lemon glaze top & crunchy biscuit base</i>		● <i>Wheat</i>		●			●								ⓧ		
Panna Cotta <i>Cooked-cream panna cotta topped with raspberry coulis & fresh raspberries</i>																ⓧ	
Tiramisù <i>Coffee-soaked Savoiardi sponge biscuits layered with a sweet, whipped mascarpone cream, dusted with cocoa powder</i>		● <i>Wheat</i>		●			●							●	ⓧ		

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Dolce <i>Traditional Desserts Made In-House</i>	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
Crostata di Frutta <i>Short-crust pastry tart filled with crème pâtissière topped with fresh fruits</i>		● <i>Wheat</i>		●			●								ⓧ		
Duomo di Cioccolato <i>Chocolate dome filled with pistachio crème served with pistachio gelato scoop & white chocolate sauce</i>				●			●			● <i>Pistachio</i>					ⓧ		

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Gelato <i>Homemade Artisan Gelato, Sorbet & Coppe</i>	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
Coppa Gelato <i>Homemade gelato</i>	Please refer to pages 23, 24, 25 for gelato & sorbet information																
Coppa Fragole <i>Crushed meringue, fresh strawberries, vanilla gelato scoops, whipped cream, strawberries & strawberry dessert sauce</i>				●			●								Ⓥ		
Coppa Banana <i>Split banana with vanilla, strawberry & chocolate gelato scoops, whipped cream, amarena cherries & chocolate sauce</i>							●								Ⓥ		
Coppa Nera Nera <i>Crushed Oreos, chocolate, Biscoff & Oreo gelato, whipped cream, salted caramel crunch, chocolate & caramel sauce</i>							●										
Coppa Cabana <i>Tropical fresh fruits, mango, forest fruits & passionfruit sorbet scoops, whipped cream, kiwi sauce & amarena cherries</i>							●										

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Gelato <i>Homemade Artisan Gelato, Sorbet & Coppe</i>	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
Coppa Caffè <i>Savoiardi biscotti soaked in coffee, vanilla, coffee & tiramisu gelato scoops, chocolate dessert sauce</i>		● <i>Wheat</i>					●										
Frozen Vodka Coppa <i>Tropical fresh fruits layered, tropical sorbet scoops topped with vodka shot</i>																	

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Menu Bambini <i>Children's Menu for under 12's</i>		Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
Pollo Milanese <i>Crispy breaded chicken breast served with a mini portion of house chips</i>			● <i>Wheat</i>		●													
Spaghetti Napoli <i>Spaghetti pasta in a tomato & basil sauce</i>			● <i>Wheat</i>													Ⓥ		
Risotto Primavera <i>Risotto with seasonal vegetables</i>															●	Ⓥ	Ⓥⓔ	ⓖⓕ
Margherita Pizza <i>Tomato, mozzarella, basil</i>			● <i>Wheat</i>					●								Ⓥ	Ⓥⓔ	
Pepperoni Pizza <i>Tomato, mozzarella, spicy pepperoni</i>			● <i>Wheat</i>					●							●			
Prosciutto & Funghi <i>Pizza Tomato, mozzarella, cooked Italian ham, mushrooms</i>			● <i>Wheat</i>					●							●			

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Menu Bambini <i>Children's Menu for under 12's</i>		Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
Coppa Gelato <i>Homemade artisan gelato scoop, sprinkles, toppings & dessert sauce</i>			● <i>Wheat</i>					●										
		<i>Please refer to pages 23, 24, 25 for gelato & sorbet information</i>																
Coppa Fragole <i>Vanilla gelato scoop, crushed meringue, fresh strawberries, strawberry sauce</i>					●			●										

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Gelato Flavours	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
Chocolate																VE	
Coconut																VE	
Coffee							•										
Forest Fruits																VE	
Hazelnut							•										
Lemon																VE	
Mint Chocolate																VE	
Oreo																VE	
Pistaccio							•										
Rum & Raisin							•										
Raspberry																VE	
Strawberry																VE	
Tutti-frutti																VE	
Vanilla							•										

Gelato Flavours	Celery	Cereal (containing Gluten)	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame	Soya	Sulphur	Vegetarian	Vegan	Gluten Free
White Chocolate							•										
Caramel							•										
Biscoff																VE	
Passionfruit																VE	
Fig							•										
Walnut							•										
Pink Grapefruit																VE	
Tiramisu							•										
Truffle							•										
Yoghurt							•										